



Team Building, Personal & Management Development Training for People in Industry

JSI International has developed a series of very powerful team building and personal development programmes that are tailored and adjusted to meet the requirements of each company or organisation.

Our Aim

The aim of **JSI International** is to provide high quality team building, personal & management development programmes.

'People are the most important factor'

- We help people discover more about themselves and their potential than they believed possible.
- We help people develop their strengths and talents, acknowledge their weaknesses and confront their fears. As a result they become better leaders and team members.
- Each business has different requirements and philosophies and we strive to incorporate your companies' values into our programmes.

Our Programmes



Teamwork and leadership cannot be learnt in a classroom. The outdoor environment is an ideal medium for leadership, team building and personal development. By placing people in unfamiliar situations in unfamiliar surroundings away from the comfort and safety of their office, it enables them to face up to their strengths, fears and weaknesses. It increases self-awareness, self-control and self-confidence. Our programmes are based on **real situations** which require **real solutions** and will have **real consequences** to the delegates.

Reviews

Progress reviews are continually given throughout the course, this involves a review after each activity and at the end of each day - **'do, review, apply'**.

We have developed a very successful team building course for the Prince's Trust and now deliver over 50 of these courses each year. We have also developed and run team building and personal development programmes for: Amari Plastics PLC, Benefits Agency, Bristol University Dental School, Coutts Ltd, Exeter City Council, Foreign and Commonwealth Office, Hewlett Packard, HMPS Dartmoor, Hodder & Stoughton Publishing, Initial Catering (Rentokil - Initial Group), Interserve, Land Securities PLC, Ministry of Defence, One2One, Orange Communications, Plymouth NHS Trust, Prudential, QXLRicardo, South Hams District Council, Tri-Fast PLC.



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Business environments are changing at a rapid pace. The management structures of companies are developing and people are working in smaller more dynamic teams. Our **Management, Team Building and Personal Development** courses help individuals to discover their potential, overcome some personal fears and build teamwork through trust and communication.



All our courses are developed and adjusted to suit the team and the company. We will discuss your requirements with you well before the course. The courses are normally designed around a theme, the team is given their final goal on arrival and they build and design their own programme to achieve this goal within a budget. They are able to buy in skill training (climbing, abseiling,

map and compass work and kayaking) and add to their budget by completing tasks. This format ensures the team communicate, forward plan and then execute their plan. **The team have total ownership of the course and it is unique to that team.**

We can offer 1, 2, 3, 4 and 5 day courses - we will be happy to discuss which one will most suit your requirements.

Our Team Building Courses are well within the capabilities of somebody who normally spends their working day behind a desk.

Delegate Profile: Our programmes are designed for teams from management, supervisors and 'front line workers' from individual companies. It is ideal for teams of people who may operate from diverse locations.

Course Objectives

Some of the learning outcomes and objectives of our courses are:

- Building and improving team morale and team spirit.
- Improving delegate's self-confidence by confronting their fears and overcoming problems in unfamiliar situations.
- Establishing effective working relationships with other members of the team.
- Practising and developing their leadership skills by working within their team in testing situations.
- Understanding what is required from a good team member.



Safety

The safety of delegates overrides all other concerns. Our safety record is second to none. **JSI International** has been inspected by the **Adventure Activity Licensing Authority** and is registered and licensed to provide activities under the following headings: watersports, climbing and trekking. All our trainers and instructors hold qualifications recognised by the National Governing Body in the activity they are supervising and hold a first aid certificate.